



DEPARTMENT OF THE AIR FORCE
HEADQUARTERS UNITED STATES AIR FORCE
WASHINGTON, DC

MEMORANDUM FOR ALMAJCOM/SV

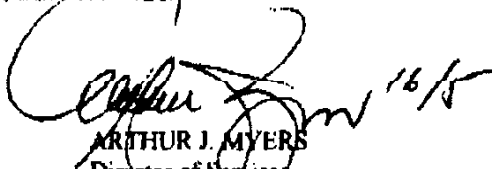
FROM: HQ USAF/ILV
1770 Air Force Pentagon
Washington DC 20330-1770

SUBJECT: Services Policy on the Sale of Nutritional Supplements

Fitness center juice bars and resale operations play an important role in providing customer refreshments and amenities. While nutritional supplements are a billion-dollar industry and in large demand, we must exercise caution when selling supplements in our facilities and comply with Air Force policy.

On 28 Oct 99, The Air Force Surgeon General (SG) established policy on the Use of Nutritional Supplements (atch 1). Anabolic steroids and hemp oil are prohibited; therefore, fitness centers will not sell products containing these ingredients. Other supplements have been found to cause side effects, which is a concern for flying and special operational personnel and those on the Personnel Reliability Program (PRP). The SG policy letter provides a website with information on specific herbs/ingredients to avoid. Although not prohibited for the general population, supplements containing these products compromise the mission readiness of the special groups. Fitness staff and resale contractors will prominently display and provide copies of the brochure, *Facts About Dietary Supplements for Aircrew, Special Operational and PRP Personnel* (atch 2, also available on the SG website) or other educational materials approved by SG. Since many products have several names for the various ingredients, products can be evaluated by MAJCOM Consultant Dietitians to ensure that all items known to include the identified herbs/ingredients are "tagged." Local military dietitian or MAJCOM Consultant Dietitian should approve the method of identification.

I appreciate your quick attention to ensure supplements in your resale operation comply with USAF and Services policies. Our action officers are Major Scott Ross, HQ USAF/ILVP, DSN 664-4927 and Ms. Margaret Ireland, HQ AFSVA/SVPAF, DSN 487-7021.


ARTHUR J. MYERS
Director of Services
DCS/Installations & Logistics

Attachments:

1. HQ USAF/SG memo, 28 Oct 99
2. Brochure

cc:
HQ USAF/SG
AFSVA/CC